

Upland lds kyr.  
i Oplandstun,  
sid. 169. III. Hilsommer 1441 Helmer.  
offuer nemige Oplandth  
14/7 1522 Jonkoping.  
in Uplandstun,  
124/2 1571 Gholm.

Rydberg, P. Frakt. III. IV